

SUMMER - 2025

Soccer Squirts Program

For Children 2 - 6 years old

SPONSORED BY WEST MILFORD COMMUNITY SERVICES & RECREATION

Cost: \$150.00 per child (non residents add \$10) **Location:** WM Recreation Center Field, (inside if inclement weather)

Dates: Sundays, July 13 – August 17



Soccer Squirts Parent Assist

9:00 – 9:45 am Ages 2-3

Parent & Me Soccer Squirts is a fun and positive introduction to soccer for young children with a helping hand from Mom or Dad! With a parent participating by their side, kids will have fun learning the fundamental skills of soccer through a program of structured activities and fun based games. Each session focuses on maximizing participation and learning through a variety of fun games designed to stimulate a child's imagination and develop motor skills. This is an excellent opportunity for you to spend quality time together while easing your child into social situations with support and confidence. Parents must remain at program.

Soccer Squirts

10:00 – 10:45 am Ages 3-4

The US Sports Institute's Soccer Squirts program is the original age 3 - 4 Soccer class for boys and girls. They will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Soccer Squirts classes are taught through structured activities, fun games, and scrimmages that are designed to ensure learning, and most importantly, Fun, Fun, Fun! Parents must remain at program.

Soccer Senior Squirts

11:00 – 11:45 pm Ages 4-6

The US Sports Institute Senior Soccer Squirts program gives players the opportunity to learn the principles of attacking, defending and passing. Players will be encouraged to apply these skills to game scenarios. Soccer-Senior Squirts is appropriate for players graduating from USSI's Soccer Squirts program or for children looking for their first ever soccer experience! Parents must remain at program.

How to Enroll –

Go online to www.westmilford.org, click on "Community Services and Recreation", then click on "REGISTER HERE FOR PROGRAMS", Look for "2025 SUMMER Programs". For assistance call the Recreation Office at 973-728-2860 Monday – Friday from 8:30am – 4:30pm.



Scan QR code to register for USA Sports