

SUMMER MULTI SPORTS CAMP

SPONSORED BY WEST MILFORD COMMUNITY SERVICES & RECREATION



This camp is open to both boys and girls.

Our flagship Multi-Sports Camp gives players the opportunity to experience over 10 different sports across a fun-filled week of camp. Every camp is coached by our professional and energetic coaches who are trained to encourage maximum participation, good sportsmanship, and above all - FUN! Our Multi-Sports Camp is a must for children who are either new to playing sports and want to experience many different forms, or for the sports enthusiast who just can't get enough!

Sports Typically Played: Soccer, Lacrosse, Handball, Flag Football, Pillo Polo and many more! **Skills covered at camp:**

Rules of each sport; Skills and techniques for each sport; Teamwork and sportsmanship; High energy environment.; Development of coordination, balance, agility, and speed. Fun activities, competitions, and scrimmages

Groups are separated by age and ability to ensure all players flourish in an optimum positive environment.

All sports equipment required for this camp will be provided by USA Sport Group.

All participants will receive a FREE Dri-Fit Shirt.



Ages: 5 - 11

Dates: Monday – Thursday August 18 – 21

1 Session: Morning session 9:00am – 12:00pm

\$168.00 (non residents add \$10)

Location: West Milford Recreation Center Field

Go online to www.westmilford.org. Click on Community Services & Recreation. Then

"REGISTER HERE FOR PROGRAMS". Look for "2025 SUMMER PROGRAMS"

If you need assistance, call the Recreation Office at 973-728-2860.

Monday-Friday, 8:30 a.m. – 4:30 p.m.



Scan QR code to register with USA Sports

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