



West Milford High School

Athletics/Activities Clearance Procedures

Students must register on RSchool for Athletics, Activities, Band, and Clubs.

<https://westmilfordhs-ar.rschoolday.com/home>

After registering on RSchool, students must submit a physician signed/stamped hard copy of the **Preparticipation Physical Evaluation Medical Eligibility Form** to the Health Office **AND** a copy of the **Preparticipation Physical**.

IMPORTANT UPDATE: Any physicals received on the old paperwork with an exam date on or after 7/1/24 will NOT be accepted.

The copy of the physical will not be used to determine clearance; it is to be recorded on the A-45 pursuant to N.J.A.C. 6A:16-2.4 and N.J.S.A. 18A:40-4.

Once the Eligibility Form is reviewed and approved by the School Physician, final clearance will be issued by the School Nurse.

The physical must be within 365 days of the first practice. In accordance with N.J.S.A. 18A:40-41.7, if a student's physical was completed more than 90 days prior to the first day of practice, a Health History Update Questionnaire is required to be submitted to the School Nurse.