



BE A WATER-READY FAMILY

Safety Around Water Week: July 14-18

Held at CATL - 131 Germantown Rd., West Milford

WHAT IS THE Y's SAFETY AROUND WATER PROGRAM?

Safety Around Water consists of five lessons designed to teach kids water safety skills. A typical session includes:

- Activities to help kids adjust to being in the water
- Instruction in two skill sets kids can use if they unexpectedly find themselves in the water: Jump, Push, Turn, Grab and Swim, Float, Swim.
- Safety topics like what to do if you see someone in the water who needs help
- Fun games and drills that reinforce skills

Safety Around Water Week
CATL - West Milford, NJ
Classes are conducted in Shallow Area

Fee: \$5 (Enter promo code SAW at checkout)

Registration begins June 23

Program is for Non-Members; Non-swimmers and Beginner Swimmers

School Age Lessons (ages 5-14 years)

4:00-4:45pm

4:55-5:40pm

SAFETY AROUND WATER AT THE Y

The Y wants to ensure all families are ready for a fun and safe summer. To do that, we're helping families become "Water-Ready" by developing water safety skills that help reduce the risk of drowning and build confidence and competence in and around water.

Did You Know?

- 9 in 10 parents see swimming as an essential life skill, yet 24% have low confidence in their kids' ability to stay safe around water.
- Parents and guardians have a critical role to play in teaching their kids water safety skills – but they don't have to do it alone! Each year, the Y teaches more than one million kids life-saving swimming and safety around water skills.

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The YMCA of Montclair is able to provide this program with the generous support from:



CONTACT

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